

MENU WEEK 1

SERVED W/C:

27th Oct | 17th Nov | 8th Dec | 19th Jan |
9th Feb | 2nd Mar | 23rd Mar | 13th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL

OPTION
1



OPTION
2



FILLED
ROLLS

Cheese & Bean
Lasagne



Margherita Pizza
& Wedges



Lentil & Stuffing
Pastry Roll



BBQ Quorn & Peppers
with Rice



Vegetable Nuggets
& Chips



Sticky Chinese Chicken &
Vegetable Rice

Traditional Beef
Pasta Bolognese



Roast Gammon
& Gravy

Chicken in a Katsu
Curry Sauce & Rice



MSC Approved Fish
Fingers & Chips

Carrots
& Peas



Broccoli



Roasted Carrots
& Parsnips



Peas



Beans



Ham
Cheese
Tuna

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Blueberry
Cookie Bar



Chocolate &
Banana Brownie



Peach & Pineapple
Crumble



Apple &
Cocoa Sponge



Lemon
Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C:

3rd Nov | 24th Nov | 15th Dec | 5th Jan | 6th Jan |
16th Feb | 9th Mar | 30th Mar | 20th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

Margherita
Pizza & Wedges



OPTION
2

MSC Approved
Salmon Pasta
Bake



VEGGIES



Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



FILLED
ROLLS



Ham
Cheese
Tuna

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Strawberry
Mousse



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Lemon Sponge
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 3

SERVED W/C: 20th Oct | 10th Nov | 1st Dec | 22nd Dec | 12th Jan | 2nd Feb | 23rd Feb | 16th Mar | 6th Apr

THE
FOOD
EXPLORERS

Hutchison

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	Mixed Vegetable & Bean Fajita with Wedges 	Veggie Chilli Nacho Bake With Rice 	Roast Quorn Fillet with Roast Potatoes & Gravy 	Baked Mac 'n' Cheese 	Vegan Sausage Roll & Chips
OPTION 1 	Chicken & Spinach Pasta Bake	Mild Beef Chilli With Rice	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry With Carrot Rice	Oven Baked Fish Fingers & Chips
OPTION 2 	Peas 	Sweetcorn 	Broccoli 	Carrots 	Beans
VEGGIES 	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna
FILLED ROLLS 					

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Vanilla Shortbread 	Mixed Berry & Apple Crumble with Custard 	Apple Strudel & Custard 	Gingerbread Squares with Custard 	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt



KEY

Nutritionist's Choice
Vegetarian Vegan Added Wholewheat