



St Oswald's C of E Primary School

PHSE Curriculum

How does the PHSE curriculum meet the needs of the children and the community?

Following the 'My Healthy Schools' survey, we noted that children felt that they weren't able to manage feelings of bereavement. We are also aware that there are a high number of single parent, split or blended families within the community and some of the feelings of bereavement may be due to an absent parent in addition to loss. Therefore, we have added additional lessons to the curriculum to explore different types of family, and dealing with feelings when families change.

Children also told us that they are increasingly struggling with feelings of stress and anxiety, and that they would like help dealing with these feelings. We will cover these lessons through our SCARF curriculum but we are also using Mindmate as an additional resource. Through the Thrive approach, we are also able to target children with particular SEMH needs and support them in developing strategies to cope better with these outside of their PHSE lessons.

This community is on the edge of a Forest Park and children spend a lot of time outside, there is a high uptake of activities such as cycling, running, climbing etc. We feel that this makes the need for an understanding of road safety and first aid

particular relevant. We also have high numbers of children in upper key stage 2 who walk home alone, and sometimes return to empty houses until their parents return from work. Therefore, we have built in additional safety and first aid lessons.

Crime in the local area is low and has gone down in the last five years. Children are generally not exposed to the threat of crime and do not have an understanding of the implications of crime through personal experiences. We have built PolEd lessons into the curriculum to cover this with the children, and invite the PCSO into school to deliver sessions as a preventative measure for children, in preparation for when they go to high school and have more freedom and the ability to make more of their own choices.

How is the curriculum preventative?

Using SCARF and recommendations from the National Curriculum and our audit with Leeds City Council, we have ensured that the following areas are covered in our curriculum to give children a feeling of empowerment which allows them to prevent serious difficulties in these areas:

- Child on child abuse – taught using SCARF lessons
- Abuse by adults including sexual exploitation and other forms of exploitation – taught using SCARF lessons
- Crime prevention and understanding the consequences of breaking the law – taught using Pol Ed and within our ‘British Values’ week.
- Safety – including water, road and cycling safety as part of our ‘safety week’. We also teach basic first aid to all year groups.
- We carry out annual Thrive profiling for all children, to establish where they need additional help with SEMH in addition to our PHSE curriculum.

- Drug and alcohol education – taught using SCARF lessons and as part of the science curriculum.

The importance of covering these areas is made clear within our planning documents.