

St Oswald's C of E Primary School

# Thrive Policy



**Policy Approved: November 2024**

**Next reviewed: November 2025**



This policy supports our children to be part of their flourishing.

# Let's help every child **thrive**



***The Education Reform Act states that the curriculum should:***

- ***Promote the spiritual, moral, cultural, emotional and physical development of pupils at the school and of society***
- ***Prepare pupils for the opportunities, responsibilities and experiences of adult life***

## **Aims**

At St. Oswald's Church of England Primary School, we believe that children have the right to independence, choice and inclusion, and we seek to provide opportunities for personal growth and emotional health and wellbeing. By doing this, we are supporting them to flourish.

## **Rationale**

Children learn who they are and how the world is by forming relationships with people and things around them. The quality of a child's relationship with significant adults is vital to their healthy development and emotional health and wellbeing.

A number of children at our school need to access the THRIVE programme in order to support their emotional development. Those children, who require support from the THRIVE programme, for a number of various reasons are below the age-related expectations for social and emotional development. Although the PSHE curriculum is well embedded throughout the school, children who struggle to obtain vital social and emotional skills are not always able to access this curriculum and so need further support from the THRIVE programme.

## **THRIVE**

- Is a dynamic developmental approach to working with vulnerable children that provides

physical strategies to address their needs

- Is an approach based on relationships with caring, consistent adults
- Finds the earliest missing experience and fills the gaps in the developmental stages
- Recognises that if children do not get experiences positively they will seek them negatively

## **Purpose**

It is our purpose to provide a secure, caring atmosphere of trust and stability, giving all children the necessary support and guidance for their social and emotional development.

We hope to achieve this through the following:

- A promise of working together in partnership in order to support children and parents alike
- A fair and consistent approach towards requests for support
- All school staff to be aware of the theory, underlying principles and assessment procedures of THRIVE
- All staff to use THRIVE techniques and strategies on a daily basis when encountering children
- Designated time slots throughout the week for group and/or 1:1 work with the THRIVE TA's.
- A developing bank of resources for activities agreed in the action plan
- A lunchtime DOING club for children who find the unstructured time difficult to deal with

## **The THRIVE process.**

- Identify vulnerable children to THRIVE trained staff (not necessarily disruptive children) or children raised as a concern on a whole class screening
- Obtain parental consent
- Online Assessment and Action Planning Tool used based on observations and/or class Teacher's views
- Action Plan created (if possible with parents and key workers) based on assessment outcomes
- Sessions carried out on a weekly basis
- Review Action Plans (approx. every 6 – 8 weeks)

## **THRIVE assessments**

When a child has been identified by a class teacher and once parental consent has been obtained, the assessment can be completed following the online process.

Due to the delicate nature of THRIVE, assessment must be carried out under the guidance of the THRIVE licensed practitioner.

Once a minimum of 2 assessments have been completed under guidance, further assessments may then be carried out independently (under distant supervision).

Results from any assessment must be passed to the THRIVE licensed practitioner. Copies of the assessments will be kept in the THRIVE file.

### **Whole School Thrive**

Not every child will require further assessments after their profiling is done. However, we recognize that every child benefits from learning skills to manage their emotions and flourish in their social, emotional and mental wellbeing. Therefore, as part of our PHSE curriculum, whole school Thrive lessons around the elements of SEMH which the children in a class collectively need to focus on.